1 day trekking tour to Hut 1(1850m) or Hut 1B (2200m) or Hut 2 (2850 m), Difficulty level: moderate     TM001

**Day1:** Arrival at our office, arrangement for the tour, taxi to the starting point. You will climb from Buea (1000 m) to Hut1 or Hut 1B or Hut 2 depending on your strength and interest. No special preparation is required for this tour. You will bring your sandwich and a bottle of mineral water and our guide will guide you as far as you can climb. You will discover the mountain rainforest and the savanna landscape (Hut1B). This tour can be a preparation for longer trekking tour on Mt. Cameroon. Approximate trekking time: 6-8 hours (ascending and descending)

**Climb the Fako-1 day trekking tour to the Summit – difficulty level: very difficult, for strong sportsmen or women, very good physical condition and perseverance required.**     TVD01

**Before day 1:** Arrival at our office, reception and preparation for the tour, transfer to hostel or guesthouse.

**Day1:** Preparation for the tour, breakfast, taxi to the starting point. Start at latest 5:30 AM. Break at Hut 1 (1850 m), after continue to Hut 1B, short break there, and continue to Hut 2 (2850 m). The slope is very steep between Hut 1 B and HUT 2 (35%). Break at Hut 3, summit, visit of the summit area, start descending on the same track, breaks at hut 2, hut 1, upper farm, End in Buea:

Approximate trekking time: 16 hours (ascending and descending)

**Climb the Fako: 2-days trekking tour with Summit. Difficulty level: Very difficult. Very good physical condition and perseverance required.**     TVD02

**Before day 1:** Arrival at our office, reception and preparation for the tour, transfer to hostel or guesthouse.

**Day1:** Preparation for the tour, breakfast, taxi to the starting point of the tour. Start at latest 8 AM. Break at Hut 1 (1850 m), after continue to Hut 1B, short
break there, and continue to Hut 2 (2850 m). The slope is very steep between Hut 1 B and HUT 2 (35%). At HUT 2: warm cooked food and night, End Day 1: Approximate trekking time: 6 hours ascending

**Day 2:** Start Hut 2, Breakfast, break at Hut 3, summit, visit of the summit area, start descending on the same track, break at hut 2 and hut 1, upper farm, End in Buea: Approximate trekking time: 3 hours ascending and up to 7 hours descending.

*Evergreen rainforest-3 days trekking on Mt. Cameroon without summit:*

*difficulty level: moderate  TM002*

**Before day 1:** Arrival at our office, reception and preparation for the tour, transfer to hostel or guesthouse.

**Day 1:** Preparation for the tour, breakfast, taxi to the starting point of the tour. Start at latest 8 AM. Trekking in tropical mountain rainforest, gentle slope ascending towards Mannspring, camping at Mannspring (2440 m), visit of the crater of 1999 eruption. Wonderful combination of volcanic and forestry landscapes. Approximate trekking time: 6 hours

**Day 2:** Breakfast at Mannspring, start descending towards Limbe, Trekking in tropical rainforest, going across old lava flows, break at the Crater Lake and possibility of watching forest elephant there. Trek till Drink Garry Camp and overnight there in the forest. Approximate trekking time: 6 hours

**Day 3:** Breakfast at Drink Gary, continue descending towards Limbe on the Elephant track, possibility to see them. Arrival at the small village Bakinguili at the Atlantic Coast. End of the tour in Bakinguili and transfer to hotel in Limbe. Approximate trekking time: 5 hours
Climb the Fako-3 days trekking tours with Summit. Difficulty level: Difficult, Good physical condition and perseverance required. TD01
(This is the most booked tour by our visitors)

Before Day 1: Arrival at our office, reception and preparation for the tour, transfer to hostel

Day1: preparation for the tour, breakfast, taxi to the starting point of the tour. Start at latest 8 AM. Break at Hut 1 (1850 m), after continue to Hut 1B, short break there, and continue to Hut 2 (2850 m). The slope is very steep between Hut 1 B and HUT 2. At HUT 2: Food and Night there, End Day 1

Approximate trekking time: 6 hours ascending

Day2: Start Hut 2, Breakfast, continue, break at Hut 3, summit, visit of the summit area, start descending, break at Camp 2, Camp 1, visit of the crater of 1999, and continue to Mannspring (2440m), food and night at Mannspring, End Day 2: Approximate trekking time: 10 hours (3h ascending, 7 h descending)

Day 3: Breakfast at Mannspring, continue descending, break and refreshment at the resting points, gentle slope descending to Bokwango (850 m), Approximate trekking time: 6 hours, at Bokwango, taxi to our office, evaluation of the tour.

END

Buea-Summit-LimbeBeach-4-days trekking tours: Difficulty level: very difficult, very good physical condition and perseverance required. TVD03

Before Day 1: Arrival at our office, reception and preparation for the tour, transfer to hostel

Day1: preparation for the tour, breakfast, taxi to the starting point of the tour. Start at latest 8 AM. Break at Hut 1 (1850 m), after continue to Hut 1B, short break there, and continue to Hut 2 (2850 m). The slope is very steep between Hut 1 B and HUT 2. At HUT 2: Food and Night there, End Day1 Approximate trekking time: 6 hours ascending

Day2: Start Hut 2, Breakfast, continue, break at Hut 3, summit, visit of the summit area, start descending, break at Camp 2, Camp 1, visit of the crater of 1999, and continue to Mannspring (2440m), warm cooked food and night at
Mannspring, End Day 2: Approximate trekking time: 10 hours (3h ascending, 7h descending)

**Day 3:** Breakfast Mannspring, start descending towards Limbe, Trekking in tropical rainforest, going across old lava flows, break at the Crater Lake and possibility of watching forest elephant there. Trek till Drink Garry Camp. Warm food and overnight there in the forest. Approximate trekking time: 6 hours

**Day 4:** Breakfast at Drink Gary, continue descending towards Limbe on the Elephant track, possibility to see them. Arrival at the small village Bakinguili at the Atlantic Coast. End of the tour in Bakinguili and transfer to hotel in Limbe. Approximate trekking time: 5 hours

**Birdwatching in the Mount Cameroon National Park (x-days)**

This special offer is for birdwatchers and scientists who want to spend more time on the mountain. You will find many birds species on Mt. Cameroon such as the Mount Cameroon Francolin which is endemic here. If you are interested in volcanoes or botanic, Mt. Cameroon is the right place for you to be. Our guides will help you identify some plants and we provide good camping equipment.

**Hire our camping Equipment**

1) One Tent: Tent Compact /120005, capacity: two persons; 5500FCFA /night

2) Sleeping bag SUMMIT SSS100B, capacity: 1 Person; 2500FCFA / night

3) Sleeping Mat MERU Zamero, 175x6 cm, capacity; 1 Person, 1000 FCFA/night

**Tour Prize**

Please contact us and request your tour prize which is calculated taking into consideration the number of participants, the number of trekking days and the hiring of camping equipment. N.B. Large groups pay less per participant than a single participant.